

## Module 1: SELF IMAGE

- 1.1 Introduction to self image
- 1.2 Concept Development
- 1.3 Importance of personal image
  - 1.3.1 Video tutorial- Personal image
- 1.4 How your image represents you

## Module 2: PERSONAL CARE

- 2.1 Skin care for all skin types
- 2.2 Hair care for all hair types

## Module 3: THE FACE

- 3.1 General concept of facial study
- 3.2 Types of face
- 3.3 Identification of face shape
- 3.4 Suiting hairstyles to face shapes

## Module 4: MAKE UP

- 4.1 Introduction and general tips
- 4.2 Applying make up
- 4.3 Day to evening look
- 4.4 Materials and products
- 4.5 Techniques and tricks
  - 4.5.1 Video tutorial-Home beauty tips

## Module 5: COLOUR

- 5.1 Introduction to and use of the colour wheel
- 5.2 The meaning of colors
- 5.3 Personal application of colours – what suits me?
  - 5.3.1 Video tutorial- How to choose the colours of your clothes

## Module 6: MORPHOLOGY

- 6.1 Introduction to different Body types
- 6.2 Identifying your body shape
- 6.3 How to determine what clothes suit you
  - 6.3.1 Video tutorial-Choosing a neckline
  - 6.3.2 Video tutorial-Tips for dressing to suit your figure

## Module 7: FASHION

- 7.1 Current trends
  - 7.1.1 Video tutorial- Wardrobe basics
- 7.2 Accessories
  - 7.3 Tips and tricks
    - 7.3.1 Video tutorial- The use of accessories

